

Featured Lenten Formed Content

[Into His Likeness](#) – New Series with Dr. Edward Sri!

Into His Likeness is a six-part video series by Dr. Edward Sri, a renowned Catholic teacher, author, and speaker. This series is about how to grow as a disciple and truly grow into the likeness of Jesus Christ.

In the ancient disciple-rabbi relationship, the disciple would follow the rabbi so closely that he would be covered in the dust kicked up from his rabbi's feet. Thousands of years later, though we walk on roads of pavement and not dust, we are still called to be disciples—to follow our Rabbi, Jesus Christ, so closely that we are covered with his life, changed, and made new.

The Art of Living with Dr. Edward Sri (coming soon)

The Lenten practices of fasting, prayer, and almsgiving are intended to convert our hearts as we prepare to celebrate Jesus' Resurrection on Easter Sunday.

This Lent, the Augustine Institute invites you to explore and develop the virtues with Dr. Edward Sri in a new video series on his latest book, *The Art of Living: The Cardinal Virtues and Freedom to Love*.

In *The Art of Living*, bestselling author Dr. Sri helps readers discover the close connection between growing in the virtues of prudence, fortitude, temperance, and justice and having friendship and community with others.

[Forgiven: The Transforming Power of Confession](#)

Forgiven: The Transforming Power of Confession, explores the grace and healing offered in Confession and shows how this sacrament of mercy reveals the depth and bounty of God's love. By looking at God's revelation of his mercy in Scripture and making a step-by-step examination of the Rite itself, *Forgiven* communicates God's invitation to each one of us to come experience his indescribable love in the Sacrament of Reconciliation.

[Tears of Christ, audio meditations for Lent](#)

This Lent, you can enjoy St. John Henry Newman's Lenten sermons through audio recordings. "Jesus wept, not merely from the deep thoughts of his understanding but from spontaneous tenderness, from the goodness and mercy, the encompassing loving-kindness and exuberant affection of the Son of God for his own work, the race of man."

This precious insight takes us to the heart of the interior life of St. John Henry Newman (1801–1890), from the treasures of which these meditations are offered as a Lenten devotional aid. Drawn chiefly from his sermons and gently modernized, these meditations offer a share in the fruit of his contemplation, that we might better enjoy with him the "one thing which is all in all to us," which is "to live in Christ's presence, to hear his voice, to see his countenance."

[Living Lent as a Family – 4-Part Series](#)

Have you ever wanted to live more liturgically but not known how? We want to help all families by providing these discussions on liturgical living during Lent to be a resource for the Domestic Church—the home. We pray that these discussions bless you and your family.

[Triduum: A Spiritual Pilgrimage](#)

Triduum: A Spiritual Pilgrimage is a beautiful, 30-minute contemplative documentary that cinematically walks through the locations of the Holy Week story, re-presenting the most important days of human history. Immersed in the real and sacred places of the Holy Land, the pilgrim faithful are brought tangibly nearer to the story, the landscape, and the reality of the Passion, Death, and Resurrection of Jesus Christ. *Triduum* draws Catholics and those with open hearts and minds to experience a deeper understanding of these events and places, and offers rich meditations for the pilgrimage of daily life. Now more than ever, as more people are confined to their homes, to journey along this spiritual pilgrimage is to be drawn more deeply into the life and love of God.

[Signs of Grace: You Are Forgiven](#)

Signs of Grace: You Are Forgiven prepares children to receive the Sacrament of Reconciliation for the first time by revealing that God is indeed "rich in mercy." However, this is also a great resource for any parent looking to help their child draw closer to the Lord this Lent. The curriculum includes seven sessions. Each presents the good news of salvation offered to us in Jesus Christ, with a focus on helping children understand intellectually, spiritually, and emotionally that the Sacrament of Reconciliation is a real encounter with him, and that he desires to forgive and heal us at the deepest levels of our humanity. Short videos to start each session are available on FORMED.

Formed.org Content – Lent, Holy Week, & Easter

Ash Wednesday

Watch: [Ready Reasons: What's the Deal with Ashes on Ash Wednesday](#)

Watch: [Ready Reasons: Was Jesus' Sacrifice Enough?](#)

Watch: [Ready Reasons: Does John Teach Assurance of Salvation?](#)

Read: [Saint Helena and the True Cross](#)

Read: [Meditations for Lent](#)

Read: [Mary in the Redemption](#)

Read: [The Year and Our Children](#)

Listen: [Confession](#)

Listen: [Confession: Answering Common Objections](#)

Listen: [Freedom Through Forgiveness](#)

Listen: [The Healing Power of Confession](#)

Listen: [Keep Holy the Sabbath](#)

Listen: [My Beloved Son: Meditations for Lent](#)

Listen: [Glimpses Along the Way of the Cross](#)

Palm Sunday

Read: [The Year and Our Children](#)

Read: [Read Aloud Book of Bible Stories](#)

Read: [Meditations for Lent](#)

Listen: [The Resurrection of Jesus: Fact or Fiction?](#)

Listen: [Glimpses Along the Way of the Cross](#)

Holy Thursday

Study: [Footprints of God: Jesus](#)

Study: [Lectio Eucharist](#)

Study: [Lectio Peter Session 7: Discipleship at a Distance](#)

Study: [Symbolon Living the Faith, Session 2: The Eucharist](#)

Study: [Symbolon Living the Faith, Session 3: Walk Through the Mass](#)

Study: [YD Sacraments Session 3: The Eucharist](#)

Study: [YD Sacraments Session 4: The Mass](#)

Watch: [Mary of Nazareth](#)

Watch: [Brother Francis: The Mass](#)

Watch: [Brother Francis: The Bread of Life](#)

Watch: [Brother Francis: The Rosary](#)

Watch: [Eucharist for Little Children](#)

Watch: [Ready Reasons: Did Jesus Make the Apostles Priests?](#)

Read: [Sacraments in Scripture](#)

Read: [Awakening](#)

Read: [My Path to Heaven](#)

Read: [Faith Basics: Sacramentals and Signs](#)

Read: [If Your Mind Wanders At Mass](#)

Listen: [I'm Not Being Fed](#)

Listen: [The Body and Blood of Christ](#)

Listen: [The Lamb's Supper](#)

Listen: [Why a Protestant Pastor Became Catholic](#)

Listen: [The Face of God](#)

Listen: [The Fourth Cup](#)

Listen: [Jesus the Bridegroom](#)

Listen: [My Beloved Son: Meditations for Lent](#)

Listen: [Three Days that Changed the World](#)

Listen: [Jesus and the Jewish Roots of the Eucharist](#)

Listen: [7 Secrets of Confession](#)

Listen: [So Help Me God](#)

Listen: [Set All Afire](#)

Listen: [Audiobook: If Your Mind Wanders at Mass](#)

Listen: [Love-Sacrifice-Trust](#)

Listen: [Audiobook: The Priest is Not His Own](#)

Good Friday

Study: [YD Hot Topics: Session 2: Truth & Tolerance](#)

Study: [Symbolon Knowing the Faith, Session 6: Paschal Mystery](#)

Study: [Lectio Peter Session 7: Discipleship at a Distance](#)

Study: [Lectio Peter Session 10: "Quo Vadis?"](#)

Study: [The Wild Goose Segment 4 The Spirit and Our Lady](#)

Watch: [The Passion According to Saint Luke](#)

Listen: [The Passion According to Saint Luke](#)

Watch: [The Shroud of Turin](#)

Watch: [Brother Francis: The Rosary](#)

Watch: [Ready Reasons: Was Jesus' Sacrifice Enough?](#)

Watch: [Sorrowful Mysteries](#)

Read: [Because God is Real](#)

Read: [Catholicism and Fundamentalism](#)

Read: [Read Aloud Book of Bible Stories](#)

Read: [My Path to Heaven](#)

Read: [Meditations for Lent](#)

Read: [Mary in the Redemption](#)

Read: [Saint Helena and the True Cross](#)

Read: [Did Jesus Really Rise From the Dead?](#)

Read: [Arise From Darkness](#)

Read: [The Wife of Pilate and Other Stories](#)

Listen: [Drawing Strength from Our Lady of Sorrows](#)

Listen: [This Changes Everything](#)

Listen: [History of Salvation](#)

Listen: [The Fourth Cup](#)

Listen: [The Passion of the Christ in Light of the Holy Shroud of Turin](#)

Listen: [Glimpses Along the Way of the Cross](#)

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Listen: [Suffering](#)

Listen: [Love-Sacrifice-Trust](#)

Listen: [So Help Me God](#)

Holy Saturday/Easter Vigil

Study: [Reborn](#)

Study: [Footprints of God: Abraham](#)

Study: [Wisdom & Works of Mercy](#)

Study: [Symbolon Knowing the Faith Session 8: Why Do I Need the Church?](#)

Study: [Symbolon Living the Faith Session 1: The Sacraments: Baptism & Confirmation](#)

Study: [YD The Church](#)

Study: [The Wild Goose](#)

Watch: [Mary of Nazareth](#)

Watch: [Convinced](#)

Watch: [The Shroud of Turin](#)

Watch: [Ready Reasons: Is the Resurrection a Lie?](#)

Watch: [Ready Reasons: Does the Resurrection Rip-Off Pagan Myths](#)

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Read: [Crossing the Tiber](#)

Listen: [I'm Not Being Fed](#)

Listen: [The Resurrection of Jesus: Fact or Fiction?](#)

Listen: [Glimpses Along the Way of the Cross](#)

Easter Sunday

Study: [Forgiven](#)

Study: [Symbolon Knowing the Faith Session 6: The Paschal Mystery](#)

Study: [The Wild Goose Segment 2: The Breath of God](#)

Study: [The Wild Goose Segment 4 The Spirit and Our Lady](#)

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Watch: [Saint Peter](#)

Watch: [Brother Francis: He Is Risen](#)

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